

YEARS



Guruji's sadhana laid the seed for the formation of a Yoga Institute. With the help of his students, this fructified in the inauguration of RIMYI in January 1975.

People visit this place to learn asana and pranayama but later get attached to the thread of Yoga.

As the Institute turns 50 in 2025, let us explore the thread that connects asana and pranayama to Yoga and Yoga to our living.

RIMYI has planned special programmes from January 2024 to January 2025 to mark the golden jubilee year.

Please note these programmes are in-person only.

February 2024

Dates : 5th - 17th

Eligibility : Minimum 5 years practice

Price : USD 470 (incl. of taxes)

July 2024

Dates : 1st - 13th

Eligibility: Minimum 5 years practice

Price : USD 470 (incl. of taxes)

September 2024

Dates : 2nd - 14th

Eligibility: Minimum 5 years practice

Price : USD 470 (incl. of taxes)

December 2024

Yoganushasanam

Dates : 7th - 14th

Eligibility : Minimum 5 years practice

Price : To be announced later

January 2025

Dates : 6th - 18th (2 weeks)

Eligibility: Minimum 5 years practice

Price : USD 470 (incl. of taxes)

Please click on the link below for registration https://tinyurl.com/RIMYI50ANNIV-INT

